



West Coast **Kitchen**

by TransPennine Express





WELCOME ONBOARD

We invite you to enjoy a choice of complimentary local food and our range of drinks depending on the time of day and duration of your journey.

When selecting our menu, we worked with a range of regional producers from in and around the communities we serve along the West Coast Mainline.

Your superstar host will be along shortly to take your order.



For allergy and calorie information please use the QR code or ask your Customer Host.
tpexpress.co.uk

BREAKFAST

Served until 11am

Regional Breakfast

Full English breakfast with Cumberland sausage, black pudding from the Bury Black Pudding Company, frittata and beans - 937 Kcals

Breakfast Rolls

Your choice of filling served in a fluffy brioche style bun with ketchup or brown sauce

Bacon - 272 Kcals

Cumberland sausage - 327 Kcals

Omelette - 216 Kcals v

Vegan sausage - 274 Kcals VG

Pancakes VG

Hot fluffy pancakes with a rich blueberry compote - 283 Kcals

Bio & Me Nice & Nutty Porridge VG GF

Creamy plant based porridge with crushed almonds and hazelnuts. Served with honey (optional)

Butter Croissant v

Flakey all butter croissant served with strawberry jam (optional)

Tea Cakes v

Hot buttered tea cakes. Served with jam (optional) - 255 Kcals

Crumpets v

Hot, buttery Warburtons crumpets from Bolton. Served with jam (optional) - 195 Kcals

BREAKFAST

Served until 11am

Vegan VG

Vegetarian V

Gluten Free GF

Adults need around 2000 Kcals a day



REST OF THE DAY

Served after 11am

WEEKDAY

Jerk Chicken 🌶️

A vibrant chicken dish infused with the flavours of the Caribbean. Comes with a zingy mango and chilli salsa and rice - 522 Kcals

Cauliflower & Lentil Dhal 🌶️ 🌶️ 🍃

Warming and hearty lentil dhal served with basmati rice - 409 Kcals

Pea, Mint & Asparagus Risotto 🍃

A creamy risotto bursting with the flavours of spring - 363 Kcals

Creamy Haggis Penne

A creamy meaty pasta dish with cheese from Belhaven Smokehouse in Dunbar - 492 Kcals

Pork & Caramelised Onion Sausage Roll

Lovingly handmade on our route by Pie Demand, Carlisle - 553 Kcals

Vegan Sausage Roll 🍃

Lovingly handmade on our route by Pie Demand, Carlisle - 530 Kcals

WEEKEND

Chicken Dinner

Chicken served with sautéed baby potatoes, savoy cabbage and bacon with a creamy sauce - 641 Kcals

Butternut Squash & Sweet Potato Wellington 🍃

Served with new potatoes & a rich gravy - 836 Kcals

Pork & Caramelised Onion Sausage Roll

Lovingly handmade on our route by Pie Demand, Carlisle - 553 Kcals

Vegan Sausage Roll 🍃

Lovingly handmade on our route by Pie Demand, Carlisle - 530 Kcals



SNACKS

Yorkshire Crisps (Natural Sea Salt)

Made on our route in Yorkshire

Meredith & Drew Biscuits

Perfect with a cuppa: Milk Choc Chip Cookie, White Choc Chip Cookie, Shortie Swirl and Oat Crunch

Lemon Cake

Chocolate Cake

Penn State Sour Cream & Chive Pretzels

Crunchy pretzels with a tangy coating

Joe & Seph's Salted Caramel Popcorn

Sweet and salty luxury popcorn

Vegan 

Vegetarian 

Adults need around 2000 Kcals a day



SOMETHING TO DRINK

HOT & SOFT DRINKS

Selection of Farrer's Teas

All blended on our route by Farrer's in the Lake District.

Choose from Breakfast, Earl Grey, Peppermint and Green Tea - 0 Kcals

Farrer's Coffee

Made on our route by Farrer's in the Lake District - 2 Kcals

Farrer's Decaf Coffee

Made on our route by Farrer's in the Lake District - 2 Kcals

Farrer's Hot Chocolate

Made on our route by Farrer's in the Lake District - 116 Kcals

Coca-Cola 330ml

Coke Zero 330ml

Sprite Zero 330ml

Orange Juice



AFTER 11AM WE ADDITIONALLY OFFER

Nice Sauvignon Blanc

France. Dry, crisp, Sauvignon Blanc. 187ml. 13.5% ABV.

A little bit fruity

Nice Malbec

Argentina. Juicy, dark and fruity. 187ml. 12% ABV.

A medium bodied Argentinian wine from the Mendoza region

Nice Pale Rosé

France. Dry, crisp, hint of strawberries. 187ml. 12% ABV.

A classic French pale rosé from the Languedoc-Roussillon region

Nice Sparkling Wine

France. Sauvignon Blanc. 200ml. 10% ABV. This dry and crisp sparkling fresh white comes from the luscious hills of Côtes de Gascogne region

Northern Monk Pennine Pale

This beer is a crisp and refreshing 4.1% session IPA, craft brewed with northern pride and bursting with hoppy citrus fruit flavours, to keep you on the right track

Edinburgh G&T

Gin and tonic with Edinburgh Gin made on our route. 250ml. 7.4% ABV.

Vegan  Adults need around 2000 Kcals a day

Please Enjoy Alcohol Responsibly - we want you to enjoy alcohol responsibly and for you to have a safe and enjoyable journey with us.



OUR SUPPLIERS

Take a journey through the best produce the North has to offer and support local businesses. Look out for drinks and snacks handmade by local suppliers based along our route.



Scotland

- ① **Edinburgh** – Macsween – Haggis
- ① **Edinburgh** – Edinburgh Gin – Gin
- ② **Dunbar** – Belhaven Smokehouse – Cheese
- ③ **Cumbernauld** – Irn Bru – Irn Bru cans
- ④ **Errol, Perth & Kinross** – Taylors Snacks – Crisps
- ⑤ **Glasgow** – Angels Dare – Cheeky Wee Kiss cocktail
- ⑥ **Uddingston** – Tunnock’s – Caramel wafer

England

- ⑦ **Bury** – The Bury Black Pudding Company – Black pudding
- ⑧ **Bolton** – Warburtons – Crumpets
- ⑨ **The Lakes** – Farrer’s – Coffee, tea & hot chocolate
- ⑩ **Carlisle** – Pie Demand – Sausage rolls





