



Express **Plus**

EXPRESS PLUS

Weekday Menu



BREAKFAST (served until 11am)

Bacon Bap - 373 Kcals

Sausage Bap - 357 Kcals

Vegan Sausage Roll - 487 Kcals

Bio & Me Nice & Nutty Porridge

Creamy plant based porridge with hazelnuts and almonds.
Served with honey (optional)

Butter Croissant

Rich flaky pastry. Served with strawberry jam (optional)



REST OF THE DAY (served after 11am)

Caprese Mozzarella Pesto & Tomato Ciabatta - 474 Kcals

Cheese & Tomato Arrabiata Meatball Panini - 603 Kcals

Onion Bhaji, Mango & Minted Slaw Wrap - 437 Kcals

Sausage Roll - 400 Kcals

Vegan Sausage Roll - 487 Kcals

Snack Box

For your sweet and savoury tooth: Primadelli Pizzeria Bites,
Mild Salsa, Maple Flapjack & MB Cocoa Cookie Crunch

Poppadom Dip Box

Crunchy poppadoms with tangy Mango Chutney
and spicy Aubergine Pickle



SNACKS

Yorkshire Crisps (Natural Sea Salt)

Made on our route in Yorkshire

Meredith & Drew Biscuits Perfect with a cup of tea:

Milk Choc Chip Cookie, White Choc Chip Cookie,
Shortie Swirl & Oat Crunch

Lemon Cake

Chocolate Cake

Penn State Sour Cream & Chive Pretzels

Joe & Seph's Salted Caramel Popcorn

Vegan

Vegetarian

Gluten Free

EXPRESS PLUS

Weekend Menu



BREAKFAST (served until 11am)

Bio & Me Nice & Nutty Porridge VG GF

Creamy plant based porridge with hazelnuts and almonds.
Served with honey (optional)

Butter Croissant V

Rich flaky pastry. Served with strawberry jam (optional)

Snack Box VG GF

A light healthy snack: Granola bar, Evolved Fruit Snack (Mango or Strawberry) & A Nakd Bar



REST OF THE DAY (served after 11am)

Snack Box V

For your sweet and savoury tooth: Primadelli Pizzeria Bites, Mild Salsa, Maple Flapjack & MB Cocoa Cookie Crunch

Poppadom Dip Box V

Crunchy poppadoms with tangy mango chutney and spicy aubergine pickle



SNACKS

Yorkshire Crisps (Natural Sea Salt) V

Made on our route in Yorkshire

Meredith & Drew Biscuits V

Perfect with a cup of tea: milk choc chip cookie, white choc chip cookie, Shortie Swirl & Oat Crunch

Lemon Cake V

Chocolate Cake V

Penn State Sour Cream & Chive Pretzels V

Joe & Seph's Salted Caramel Popcorn V GF

EXPRESS PLUS



SOMETHING TO DRINK

Selection of Farrer's Teas - 0Kcals

All Blended on our route by Farrer's in the Lake District:
Choose from Breakfast, Earl Grey, Peppermint and Green Tea

Farrer's Coffee - 2Kcals

Made on our route by Farrer's in the Lake District

Farrer's Decaf Coffee - 2Kcals

Made on our route by Farrer's in the Lake District

Farrer's Hot Chocolate - 116Kcals

Made on our route by Farrer's in the Lake District

Coca-Cola, Coke Zero, Sprite Zero - 330ml

Orange Juice



AFTER 11AM WE ADDITIONALLY OFFER;

Nice Sauvignon Blanc VG

France. Dry, crisp, Sauvignon Blanc, 187ml. 13.5% abv.
A little bit fruity

Nice Malbec VG

Argentina. Juicy, darkly fruity. 187ml. 12% abv.
A medium bodied Argentinian wine from the Mendoza region

Nice Pale Rosé VG

France. Dry, crisp hint of strawberries. 187ml. 12% abv.
A classic French pale Rosé from the Languedoc-Roussillon Region

Nice Sparkling Wine VG

France. Sauvignon Blanc. 200ml. 10% abv. This dry and crisp sparkling fresh white comes from the luscious hills of Cotes de Gascogne region

Northern Monk Pennine Pale

This beer is a crisp and refreshing 4.1% Session IPA, craft brewed with Northern pride and bursting with hoppy citrus fruit flavours, to keep you on the right track

Edinburgh G&T

Gin and Tonic with Edinburgh Gin. 250ml. 7.4% abv.

For Allergy and Calorie information please
use the QR code or ask your Customer Host.

tpexpress.co.uk

