



Express **Plus**

TRANSPENNINE  
**EXPRESS** 



For Allergy and Calorie information please use the QR code or ask your Customer Host.  
[tpexpress.co.uk](http://tpexpress.co.uk)

Please Enjoy Alcohol Responsibly - we want you to enjoy alcohol responsibly and for you to have a safe and enjoyable journey with us.

The safety of our guests is our top priority. We prepare our food with care and are committed to providing accurate allergen information. Please be aware that while we take precautions to avoid cross-contamination, we prepare our food in a kitchen where allergens, including gluten, may be present. If you have Coeliac disease or any other food allergies or intolerances, please inform us when placing your order so we can assist you in making safe meal choices.

## EXPRESS PLUS

Weekday Menu





### BREAKFAST (served until 11am)

**Bacon Bap** - 373 Kcals

**Sausage Bap** - 357 Kcals

**Vegan Sausage Roll**  - 487 Kcals

**Bio & Me Nice & Nutty Porridge**  

Creamy plant based porridge with hazelnuts and almonds.  
Served with honey (optional)

**Rich Flaky Butter Croissant**


All Butter Croissant served with Strawberry Jam (optional)




### REST OF THE DAY (served after 11am)


**Caprese Mozzarella Pesto & Tomato Ciabatta**  - 474 Kcals

**Cheese & Tomato Arrabbiata Meatball Panini** - 603 Kcals

**Onion Bhaji, Mango & Minted Slaw Wrap**  - 437 Kcals

**Sausage Roll** - 400 Kcals

**Vegan Sausage Roll**  - 487 Kcals

**Snack Box** 

For your sweet and savoury tooth: Primadelli Pizzeria Bites, Mild Salsa, Maple Flapjack & MB Cocoa Cookie Crunch

### SNACKS

**Yorkshire Crisps (Natural Sea Salt)** 


Made on our route in Yorkshire






**Meredith & Drew Biscuits**  Perfect with a cup of tea:

Milk Choc Chip Cookie, White Choc Chip Cookie, Shortie Swirl & Oat Crunch


**Lemon Cake** 


**Chocolate Cake** 

**Penn State Sour Cream & Chive Pretzels** 

**Joe & Seph's Salted Caramel Popcorn**  

Vegan 

Vegetarian 

Suitable for people intolerant to gluten 

# EXPRESS PLUS

Weekend Menu



## BREAKFAST (served until 11am)

### Bio & Me Nice & Nutty Porridge VG GF

Creamy plant based porridge with hazelnuts and almonds.  
Served with honey (optional)

### Butter Croissant V

All Butter Croissant served with Strawberry Jam (optional)

### Snack Box VG GF

with Granola bar, Evolved Fruit Snack (Mango or Strawberry)  
& A Nakd Bar



## REST OF THE DAY (served after 11am)

### Snack Box V

Primadelli Pizzeria Bites, Tomato Tapenade,  
Maple Flapjack & MB Cocoa Cookie Crunch



## SNACKS

### Yorkshire Crisps V

Natural Sea Salt

### Meredith & Drew Biscuits V

Perfect with a cuppa: Milk Choc Chip Cookie,  
White Choc Chip Cookie, Shortie Swirl, and Oat Crunch

### Lemon Cake V

### Chocolate Cake V

### Penn State Sour Cream & Chive Pretzels V

Crunchy Pretzels with a tangy coating

### Joe & Seph's Salted Caramel Popcorn V GF

Sweet and Salty Caramel Luxury Popcorn

Vegan VG

Vegetarian V

Suitable for people intolerant to gluten GF



## SOMETHING TO DRINK

### Selection of Farrer's Teas 0 Kcals

All blended on our route by Farrer's in the Lake District -  
Choose from Breakfast, Earl Grey, Peppermint and Green Tea

### Farrer's Filter Coffee 2 Kcals

Made on our route by Farrer's in the Lake District

### Farrer's Decaf Coffee 2 Kcals

Made on our route by Farrer's in the Lake District

### Farrer's Hot Chocolate 116 Kcals

Made on our route by Farrer's in the Lake District

### Coca-Cola / Coke Zero / Sprite Zero

330ml

### Orange Juice



## AFTER 11AM WE ADDITIONALLY OFFER

### Nice Sauvignon Blanc VG

France. Dry, crisp, Sauvignon Blanc, 187ml. 13.5% abv.  
A little bit fruity

### Nice Malbec VG

Argentina. Juicy, darkly fruity. 187ml. 12% abv. A medium  
bodied Argentinian wine from the Mendoza region

### Nice Pale Rose VG

France. Dry, crisp hint of strawberries. 187ml. 12% abv. A classic  
French pale Rose from the Languedoc-Roussillon Region

### Nice Sparkling Wine VG

France. Sauvignon Blanc. 200ml. 10% abv. This dry and crisp  
sparkling fresh white comes from the luscious hills  
of Cotes de Gascogne region

### Northern Monk Pennine Pale VG

This beer is a crisp and refreshing 4.1% Session IPA, craft  
brewed with Northern pride and bursting with hoppy citrus  
fruit flavours, to keep you on the right track

### Edinburgh G&T VG

Gin and Tonic with Edinburgh Gin. 250ml. 7.4% abv.

## OUR SUPPLIERS

Take a journey through the best produce the North has to offer and support local businesses. Look out for drinks and snacks handmade by local suppliers based along our route.

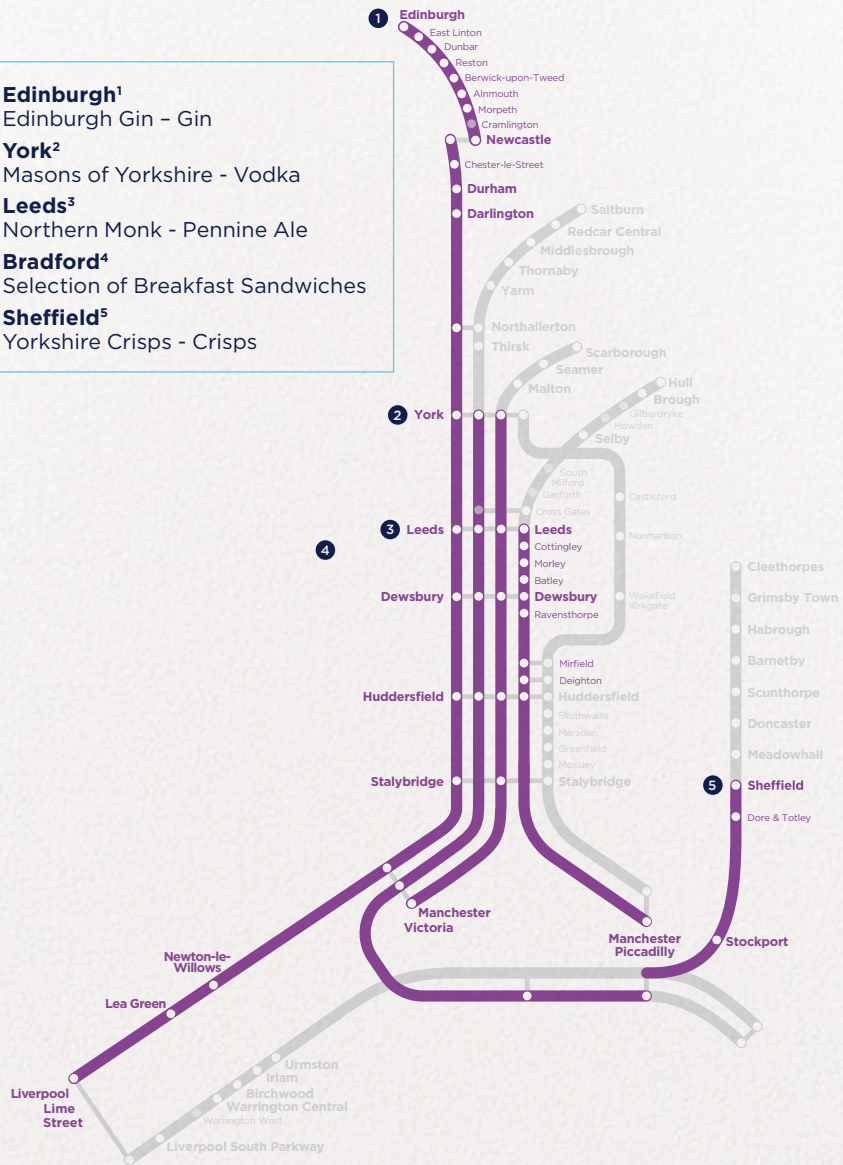
**Edinburgh<sup>1</sup>**  
Edinburgh Gin - Gin

**York<sup>2</sup>**  
Masons of Yorkshire - Vodka

**Leeds<sup>3</sup>**  
Northern Monk - Pennine Ale

**Bradford<sup>4</sup>**  
Selection of Breakfast Sandwiches

**Sheffield<sup>5</sup>**  
Yorkshire Crisps - Crisps





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